



Karate Alberta

NEWSLETTER

June & July 2024

Hello KA athletes, coaches and families! We are now just a few short weeks away from the Nationals championships in Laval and the casino fundraiser! Please continue to refer to these monthly newsletters for your source of information and keep up to date on upcoming events by visiting the KA website or following us on social media.

Please make note of and keep an eye on the KA website for the calendar of events:

<https://karateab.org/events/>

UPCOMING KA EVENTS:

- **June 23:**
Provincial Team Training – ONLY TEAM MEMBERS
Location: West Island College, Calgary
MANDATORY FOR ALL TEAM ATHLETES
[Info and Links to Register Here](#)
- **July 31 – August 1:**
KA Casino Fundraiser
Location: Ace Casino Airport, Calgary
[Info and Links to Sign Up Here](#)

KARATE ALBERTA CASINO FUNDRAISER

URGENT CALL FOR VOLUNTEERS NEEDED

Volunteers are still needed for the KA Casino Fundraiser event on July 31 and August 1. This is the single, most important fundraiser event for KA! Please volunteer using the link below.

Team prospects/their parents and general KA members are encouraged to sign up and this is an easy way to complete the team prospect volunteer hours requirements for next season.

12 Volunteers and Alternates are needed!

<https://volunteersignup.org/HWTDD>

Location: Ace Casino Airport,
40 Aero Crescent NE, Calgary

KARATE ALBERTA EDUCATIONAL SERIES VIDEOS

Karate Alberta, with funding from the Government of Alberta, and in collaboration with Karate Nova Scotia, has created a series of educational videos for kumite athletes wanting to hone their techniques. Kata videos are in the process of being produced and will be available on the KA website soon!

Click on the following link to check out these great instructional videos:

<https://karateab.org/educational-series/>

Congratulations to Natalie Olson on her Gold Medal performance at the Pan American Karate Championships in Punta Del Este, Uruguay.

Natalie, a third-degree black belt and first Canadian with Down Syndrome to earn a black belt, debuted a new kata to successfully defended her title at the prestigious international competition, taking top spot on the podium in the women's intellectually impaired K22 classification.

KA President and Karate Canada Para Coach Heather Fidyk (pictured next to Natalie in the photo to the right) said "the Pan American Championships was a huge success for Canada's Para-karate athletes."



Karate Albert Provincial Team Kata Athletes, Coaches, Officials and Team Managers:



Karate Albert Provincial Team Kumite Athletes, Coaches, Officials and Team Managers:



Message from BOD & ED:

I would like to take this opportunity to wish all the athletes, coaches and officials a great Nationals in Laval, QC in only a few short weeks.

Shout out to the Maclock family for servicing the Karate Alberta trailer last month, it is now much safer!

I am very excited to see everyone in their new KA Teamwear this year at Nationals.

Lastly, a huge thank you to all the parents for the support of their athletes, our coaches, team managers, officials and board members this season.

Sensei Heather Fidyk,
President, KA

**STAY UP TO DATE! SUBSCRIBE TO KA
AND FOLLOW US ON OUR SOCIAL
MEDIA PLATFORMS**



Dojo and Member Registration
Please visit the KA website for more
information on how to register your dojo and
members:

<https://karateab.org/membership-info/how-to-join/>



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