KARATE
ALBERTA

PROVINCIAL TOURNAMENT

APRIL 28, 2024

The grand spectacle of the year unfolds as
Karate-ka unveil their skills and unyielding resolve

WEST ISLAND COLLEGE CALGARY

WWW.KARATEAB.ORG

Karate Alberta

Karate Alberta
Provincial Tournament

Sunday April 28, 2024

West Island College
7410 Blackfoot Trail SE, Calgary, AB

National Official's Course
April 27, 2024 Calgary

Athletes WKF Rules Seminar & Tournament Set Up
April 27, 2024 Calgary

Message from the Tournament Committee:

The entire team at Karate Alberta (KA) is pleased to bring you a weekend event featuring a one-day official's clinic & a one-day tournament. The tournament features novice, intermediate and advanced/elite divisions. The tournament's advanced/elite division results are used as part of the qualification to the KA Provincial Team for Nationals 2024 for eligible KA members.

With 3-4 tatamis operating we are confident that the day will run smoothly and efficiently with the help of our dedicated volunteers and officials.

To ensure that our Tournament organizers are not overrun with last minute requests there will be a **FIRM registration deadline of APRIL 18, 2024.** We cannot accept late registrations and changes (without a monetary penalty of $20/athlete), exceptions will only be made for medical reasons, doctor's note required.

As always, we will need volunteers to help marshal competitors, keep score and time the matches at the tables.

Each dojo will be required to provide a minimum of 2 people for table work **AND** a minimum of 2 officials. VOLUNTEER LINK

Dojo Administration: The tournament is only open to Karate Alberta Members. Confirm with your Dojo/Club that your membership is current in Martial Member. (Dojo level only)

We look forward to seeing you on April 28, 2024!

Doug Taylor & Saad Rahim
Tournament Committee, Karate Alberta

National Official's Course
April 27, 2024 Calgary

Time: 10am – 6:30pm
Location: West Island College 7410 Blackfoot Trail SE, Calgary, AB
Registration for course: LINK
Registration for Tournament Officiating
- Karate Alberta Tournament 2024

Officials Screening Disclosure form (all officials must complete) LINK

Dress:
All participants and officials involved in the clinic are required to adhere to the uniform regulations outlined in the World Karate Federation (WKF) rules. Please ensure that you are in the appropriate attire.

Theory Exam Preparation:
If you are taking the theory exam during the clinic, it is imperative to come prepared with your mobile device as you will receive a link to the questions.

Practical Exam:
If you are taking the kata practical exam, please ensure to bring your gi
If you are taking the kumite practical exam, you will be evaluated the next day during the tournament.

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KC official handbook min. test score:
Kumite:
- Judge B ≥ 80%
- Judge A ≥ 85%
- Ref B ≥ 90%
- Ref A ≥ 90%

Kata:
- Judge B ≥ 90%
- Judge A ≥ 90%

Schedule

10:00 - 10:25 AM registration (25 minutes)
10:30 - 11:50 AM Kumite rules (80 minutes)
11:50 - 12:00 PM break (10 minutes)
12:00 - 1:30 PM Kumite rules (90 minutes)
1:30 - 2:00 Lunch break (30 minutes)
2:10 - 3:40 PM Kata rules (80 minutes)
3:40 - 3:50 PM break (10 minutes)
3:50 - 4:55 PM Kata practical test
5:00 - 5:45 PM Kumite judge and referee hand gestures
5:50 - 6:30 PM Kata video

Athlete WKF Rules Seminar
April 27, 2024
2-4pm West Island College Main Gym
Mandatory for all KA Team prospects
Reminder: all athletes will remain to complete tournament set up 4-7pm

DATE	Sunday April 28, 2024 Set up Saturday April 27, 2024 4:00pm Tournament begins at 9:00 am sharp
ELIGIBILITY	All Karate Alberta and Karate Canada members are invited to participate. Athletes, Officials & Coaches – must be registered members in *Good Standing* Coaches must be NCCP CI – Trained status – to coach at Tournament *Coaches will be provided a one-time exemption if they do not meet this status*
REGISTRATION DEADLINE	**Thursday April 18, 2024** *No registrations will be accepted on the day of the tournament*
TOURNAMENT SCHEDULE	Tournament Schedule will be available 2 days prior to Tournament
MANDATORY KUMITE EQUIPMENT	Refer to **Rules Summary** for details. Athletes without correct equipment will NOT be allowed to compete.
ENTRY FEES	• $50.00/person Single Event – Kata or Kumite • $20.00/person, For Second Events Kata or Kumite • $21.00 per Team, Team Kata Change fee after deadline $20 **Registration & Payment is made directly by participant**
AWARDS	• Four placements for each event • 4-6 year olds event - see **Rules Summary**
Tournament Registration For Athletes, Coaches, Officials	REGISTRATION LINK
Volunteer Link Volunteer Tracking Form	Saturday 5:00pm set-up, AND end of day take down - all team prospects – remember to sign in with the Team Manager Marshals * Time keepers * Score keepers * Registration * Food Room Each dojo must provide a minimum of 2 volunteers for table work or officials. At the completion of your volunteer shift complete the Volunteer Tracking Form
Volunteer Tutorials	**Tutorials for Table Volunteers** Kihapp Training for Table Volunteers: Click Here
Hotel Block Booking	**SANDMAN HOTEL & SUITES CALGARY SOUTH** 8001 11TH Street SE | Calgary AB | T2H 0B8 **Only King rooms available for $109/night** book by phone 403-252-7263 ID:356302 under Karate Alberta. Cut off is April 1, 2024
Karate Vendor	Goshindo Sports will be one site for members wanting to purchase karate equipment.

Registration & Information

Athletes

- *Competitors may only compete in one Kata and one Kumite division – exception – athletes who are eligible for two advanced divisions according to the age matrix.*
- *Advanced Divisions Only – 2024 KC Nationals, Jr. Pan American, and Jr Worlds date matrix: page 9*
- Please ensure you are in the correct division prior to the tournament.
- Divisions are shown on page 8. **Consolidation or Separation of divisions will occur at the discretion of the tournament organizers.**
- **Any changes for competitor's divisions after the deadline must come from the dojo coach**
- In the event a competitor must withdraw after the registration deadline an email must be sent to the Tournament Technical Director, Doug Taylor, doug.taylor@shaw.ca at least 48 hours prior to the tournament date.
- **Refunds** will only be given for medical reasons OR when the consolidation of divisions results in the cancellation of a match for the competitor.
- The tournament will be run following the rules established by the WKF with modifications allowed by Karate Alberta.
- Athletes and parents are not to approach the Head table without their Accredited Coach.

Officials

- Officials please contact Patricia Karl (ptrckrl52@gmail.com) to indicate your availability AND Register
- Each Club must provide a minimum of two Officials for the Tournament – they must attend the Officials Course April 27, 2024
- Officials Registration
    - Karate Alberta Tournament 2024

Coaches

- Only Accredited Coaches will be permitted at ringside and to coach.
- Coaches must attend Coach meeting prior to start of Tournament to receive accreditation.
- Coaches shall be in appropriate coaching attire – Dojo track suit and closed toe shoes.
- Coaches must be trained in Comp Intro.
- Coaches cannot interfere with the match.
- Coach Registration
    - Karate Alberta Tournament 2024

Rules Summary

4 – 6 Year Old Combined	• Kata – athletes will be paired and present their kata simultaneously – Hantei (judge's decision) for best kata • Kumite - Each participant with two flags, one flag on either side of belt (left/right): blue & red competitors • Participant who captures both of their opponent's flags is declared the winner or the most flags after 1.5 minute run time, if tied - Hantei • 2 matches for everyone: no single winner in Kata or Kumite, everyone receives One Medal

		Novice & Intermediate		Advanced & Para	
		Events A, B, C, D	**Masters** (including advanced)	**Youth, Cadet, Junior**	**Para (Kata only), Senior**
KATA	**Format**	Flags - two at a time Draw – single elimination	Flags - one at a time Draw – single elimination	WKF Scoring Scores combined to determine winner	WKF Scoring Scores combined to determine winner
KATA	**Number of Kata**	Novice: May repeat kata Intermediate and up: ABAB	Novice: May repeat kata Intermediate and up: ABAB	2 Kata	2 Kata - Senior 1 Kata - Para
KUMITE	**Format**	Repechage or single elimination	Repechage or single elimination	Repechage or Round Robin	Round Robin
KUMITE	**Time**	1 min. 30 sec.	2 min.	Youth: 1 min. 30 sec. Cadet, Junior: 2 min. Stop time	3 min. Stop time
KUMITE	**Points**	First to 6 points	Spread of 8 points	Spread of 8 points	Spread of 8 points
KUMITE	**Contact**	Jodan is no touch with fist or foot Chudan is touch only - no heavy contact	Jodan is no touch with fist or foot	Youth: Jodan is no touch with fist or foot Cadet, Junior: WKF rules	WKF rules
KUMITE	**Mandatory Protective Gear**	Red and Blue belts Red or Blue gloves Mouthguard Groin protector (males)	Red and Blue belts Red and Blue gloves Mouthguard Groin protector (males)	WKF rules	WKF rules
KUMITE	***Optional Protective Gear**	Chest protector Red or Blue foot/shin protector	Chest protector Red or Blue foot/shin protector	Youth: WKF Head Gear & External Body Protector** Chest protector	N/A

* Competitors who choose to compete without wearing the optional protective equipment assume all risk of participating without that protection

** This is a transition event, all Youth competitors must use mandatory equipment starting Fall 2024

KA TOURNAMENT April 2024

Event	Flag	4-6 Years	Age Detail*
KATA	Combined		
Novice	1		A-D-T
KUMITE			
Novice	2		A-D-T

Event	A	7-8 Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
KUMITE			
Novice	5	6	A-D-T
Intermediate	7	8	A-D-T

Event	B	9-11 Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
KUMITE			
Novice	7	8	A-D-T
Intermediate	9	10	A-D-T

Event (YOUTH)	C	12-13 Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
Advanced	5	6	Team
KUMITE			
Novice	7	8	A-D-T
Intermediate	9	10	A-D-T
Adv Youth under 50kg	11		Team
Adv Youth over 50kg	13		Team
Adv Youth under 50kg		12	Team
Adv Youth over 50kg		14	Team

To determine Division use combination of Letter & Number
Example: 12 year old female intermediate kata is C3

**Division maybe combined or divided at the Tournament director's discretion

Karate Alberta

Event (CADET)	D	14-15 Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
Advanced	5	6	Team
KUMITE			
Novice	7	8	A-D-T
Intermediate	9	10	A-D-T
Adv Cadet under 47kg	11		Team
Adv Cadet under 54kg	13		Team
Adv Cadet over 54kg	15		Team
Adv Cadet under 57kg		12	Team
Adv Cadet under 63kg		14	Team
Adv Cadet over 63kg		16	Team

Event (JUNIOR)	E	16-17 Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
Advanced	5	6	Team
KUMITE			
Novice	7	8	A-D-T
Intermediate	9	10	A-D-T
Adv Junior under 53kg	11		Team
Adv Junior under 59kg	13		Team
Adv Junior over 59kg	15		Team
Adv Junior under 61kg		12	Team
Adv Junior under 68kg		14	Team
Adv Junior over 68kg		16	Team

Event (SENIOR)	G	18+ Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
Advanced	5	6	Team
KUMITE			
Novice	7	8	A-D-T
Intermediate	9	10	A-D-T
Adv Senior under 55kg	11		Team
Adv Senior under 61kg	13		Team
Adv Senior over 61kg	15		Team
Adv Senior under 67kg		12	Team
Adv Senior under 75kg		14	Team
Adv Senior over 75kg		16	Team

Event (MASTERS)	H	35+ Years	Age Detail*
KATA	Female	Male	
Novice	1	2	A-D-T
Intermediate	3	4	A-D-T
Advanced	5	6	A-D-T
KUMITE			
Novice under 61kg	7		A-D-T
Novice over 61kg	9		A-D-T
Intermediate under 61kg	11		A-D-T
Intermediate over 61kg	13		A-D-T
Advanced under 61kg	15		A-D-T
Advanced over 61kg	17		A-D-T
Novice under 75kg		8	A-D-T
Novice over 75kg		10	A-D-T
Intermediate under 75kg		12	A-D-T
Intermediate over 75kg		14	A-D-T
Advanced under 75kg		16	A-D-T
Advanced over 75kg		18	A-D-T

Event	P	PARA	Age Detail*
KATA	Female	Male	
PARA (intellectual) Youth	1	2	Team
PARA (intellectual) Senior	3	4	Team
PARA (physical/visual) Youth	5	6	Team
PARA (physical/visual) Senior	7	8	Team
KATA			
PARA Recreation 10-17years	9	10	A-D-T
PARA Recreation 18+	11	12	A-D-T

Novice - White to Orange (10kyu - 6kyu)
Intermediate - Green - Blue/Purple (5kyu -3kyu)
Advanced - Brown (1kyu to Dan) and up and KA Team Prospects (Note - only results from Advanced divisions will be considered for Team Prospects)
Team Prospects can only compete in Advanced

Summary

Competitor Registration
Karate Alberta Tournament 2024

Coach Registration
Karate Alberta Tournament 2024

Official Registration
Karate Alberta Tournament 2024

WKF RULES Link

Tutorials for Table Volunteers
- Kihapp Training for Table Volunteers: Click Here

Volunteer Sign Up
Keep in mind that a*ll* members of the Karate Alberta Provincial Team for 2024 Nationals need to have 10 volunteer hours.

Age Matrix - Advanced Divisions

Youth	*12 as of July 4, 2024*
Cadet, Junior	*14, 16 as of August 22, 2024 OR October 9, 2024*
Senior Kumite	*18 as of July 4, 2024*
Senior Kata	*16 as of July 4, 2024*