

2024

Calgary Open Shotokan Cup



ALL STYLES
Kata & Kumite Competition WKF
Team Kata & Team Kumite

2024 Calgary Open Shotokan Cup

Saturday April 6th, 2024

Calgary Alberta

The ASK welcomes all Coaches, Sensei's Volunteers, Officials and Competitors to the 2024 Calgary Open Shotokan Cup.

This tournament will help foster the growth of karate in Calgary and Alberta. This tournament is **open to all karate styles** which will follow the WKF rules. We wish to bring you a tournament that is competitive and enjoyable for all competitors of all levels and ages.

Registration is to be emailed to Askaratecouncilalberta@gmail.com so draws can be completed. To make this effective, please ensure that parents and competitors provide accurate and complete information to their Sensei and that Sensei's take extra care to make sure this information is submitted correctly.

If you are interested in officiating, please contact Kristie Schafer at Askaratecouncilalberta@gmail.com. The officials are an integral part of the success of our tournament, so your assistance is greatly appreciated.

If you have any questions, please contact us at Askaratecouncilalberta@gmail.com

Looking forward to seeing you all there!

Sensei Chris Walker, Sensei Kristie Schafer and Sensei Gary Sabean

Tournament Details

DATE	Calgary Open Shotokan Cup: All divisions, Saturday April 6th, 8:30 am (set-up) to 4:00 pm
LOCATION	Cedarbrae Community Center 11024 Oakfield Dr SW Calgary, AB T2W 5G6
REGISTRATION DEADLINE	REGISTRATION (April 3, 2024) (FEES DUE DAY OF EVENT, DOJOS ONLY NEED TO PRE-REGISTER PARTICIPANTS BY SENDING ATTACHED SPREADSHEET)
REGISTRATION, WAIVER & INFORMATION	Please email the attached Registration Spreadsheet with all competitors information to askaratecouncilalberta@gmail.com All competitors must complete the waiver found in the enclosed Registration Form and bring to the tournament.
MANDATORY KUMITE EQUIPMENT	Shall comply with current WKF rules (eg, fist protectors, mouth guards, groin cups, shin/instep protectors)
ENTRY FEES	\$30.00/person, single event – Kata or Kumite \$15.00/person, for second events Kata or Kumite \$15.00 per Team Kata
OFFICIALS, COACHES & VOLUNTEERS	Officials meeting will take place at 8:30am in the gym. Please wear full officiating outfit (white collar shirt, grey/black dress pants and black shoes.) Coaches may coach from a side chair in a respectful manner and should be in a team tracksuit. Volunteers will be needed for set up at 8:30 am SATURDAY MORNING and for teardown at 4:00 pm SATURDAY AFTERNOON. Volunteers are also required for table officials and marshalling. Please contact Kristie Schafer at askaratecouncilalberta@gmail.com to volunteer.

Rules

- Enter your appropriate division based on age at the time of this Tournament.
- Consolidation of divisions will occur at the discretion of the tournament organizer.
- The tournament will be run following the rules established by the WKF.
- Divisions will be divided by age and belt level.

Belts	Ages
White / Red: 10 th and 9 th Kyu	4-6 years old
Yellow / Orange: 8 th and 7 th Kyu	7-8 years old
Green / Purple / Blue: 6 th , 5 th and 4 th Kyu	9-11 years old
Brown: 3 rd , 2 nd , and 1 st Kyu	12-13 years old
Black: Shodan +	14-15 years old
	16-17 years old
	18-21 years old

Dress Code/ Safety Equipment

- All competitors must wear a plain white gi.
- Dojo/association crests and embroidery are permissible.
- WKF Safety requirements to apply
- White safety equipment is allowed
- ALL male competitors are required to wear groin protection.
- Polycarbonate safety glasses may be worn upon approval by the chief official.

Kata

Kata from any traditional style or association is allowed. All kyu grades can repeat Kata. Dan grades cannot repeat a kata.

- All kata categories will have 2 rounds for all competitors
- 3 – 5 judges will cast points for each round using the WKF Kata judging rules
- If competitors are tied after the two rounds, a third round for the competitors in a tie will be held to determine medal placement.

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Kumite Rules - WKF Rules

Flag Kumite for 4–6-year-old

- One minute event, each competitor will have 2 rounds
- Two flags for each participant with one flag on either side of belt (left/right): blue for one participant, red for the other
- Participant who captures both of their opponents’ flags is declared the winner

7–13-year-old

- Matches will be 1.5 minutes running time or first to 6 points.

14 – 17-year-old

- Matches will be 2 minutes stop time or first to 8 points.

18 -20 years old

- Men’s and Women’s kumite will be 3 minutes stop time or first to 8 points.

In the event of a tie where neither opponent has Senshu, a whistle will be blown, and the officials will vote and declare a winner.

Points will be awarded based on the following:

- Six scoring criteria are (Distance, Timing, Technique, Zanshin(continued awareness), Sporting Attitude, Vigorous application) for more see current WKF rules at wkf.net.
- The target areas are the Torso(front, back and sides), Head (front, back and sides) and Throat and neck(contact to this area will result in a penalty).
- 1 point (Yuko) – Awarded for any hand strike or punch to the correct target area.
- 2 points (Waza-ari) – Awarded for a kick to the body.
- 3 Points (Ippon) – Awarded for head kick or a successful attack to an opponent whose torso is on the floor.

Penalties

- Excessive contact (All divisions 17 and younger allow no contact to the head, face, neck or throat)
- Striking to the groin or any target area below the hip bone.
- Striking with an elbow or knee
- Striking to any joint in the body (ashi-barai are allowed)
- Exiting the fighting area during a match
- Wild or uncontrolled techniques
- Talking during the match
- Un-sportsmanlike conduct
- Excessive grabbing, holding or pushing

Team Kata

Pre-registration is MANDATORY for Team Kata

- Teams may use any Kata from their curriculum.

TOURNAMENT INDIVIDUAL REGISTRATION

Calgary Open Shotokan Cup Tournament

April 6, 2024
Calgary, Alberta

Name: _____

Address: _____

Postal Code: _____ Phone: (____) _____

Medical Concerns: _____

Alberta Health Care #: _____

Birth Date (mmm/dd/yy) _____ Sex: _____ Weight _____

Belt Colour (Kyu Only) _____ Club Name _____

Category: (e.g. A4) _____

Event: Kata _____ Kumite _____ Team Kata _____

Acknowledgement, Waiver and Release

I, _____, hereby acknowledge that I am aware and understand that the art and sport of karate is potentially hazardous and that a participant is exposed to risks in said activity. I further acknowledge that in the course of doing karate I may receive injuries that may be serious and permanent.

I hereby acknowledge and accept all hazards and risks in the doing of said activity and hereby remise, release and forever discharge the Calgary Open Shotokan Cup, its officers, servants, employees, successors, agents and assigns from any and all claims and demands whatsoever for damages, loss or injury, however arising which may now or may hereafter be sustained by me in consequence of my participation in the Calgary Open Shotokan Cup Tournament on April 6, 2024⁰²¹ including, without limiting the generality of the foregoing, training, practice, competition, demonstration, traveling to or from any of the foregoing, and any other matter related in any way to the said activity.

I CONSENT THAT ANY PICTURES OR VIDEO FURNISHED BY OR TAKEN OF ME CAN BE USED FOR PUBLICITY, PROMOTION OR TELEVISION SHOWING, AND WAIVE COMPENSATION IN REGARDS THERETO.

IN WITNESS WHEREOF I have hereunto set my hand this _____ day of _____, 20__

Parent/Guardian: _____ Witness: _____

Divisions Kata and Kumite

Age	Kata / Kumite	Belt	Female Division	Male Division
4 to 5 years old	Kata	White/Red	A1	A1
4 to 5 years old	Flag Kumite	White/Red	A2	A2
4 to 5 years old	Kata	Yellow/Orange	A3	A3
4 to 5 years old	Flag Kumite	Yellow/Orange	A4	A4
6 to 7 years old	Kata	White/Red	B1	B1
6 to 7 years old	Kumite	White/Red	B2	B3
6 to 7 years old	Kata	Yellow/Orange	B4	B4
6 to 7 years old	Kumite	Yellow/Orange	B5	B6
6 to 7 years old	Kata	Green – Purple	B7	B7
6 to 7 years old	Kumite	Green – Purple	B8	B9
8 to 9 years old	Kata	White/Red	C1	C1
8 to 9 years old	Kumite	White/Red	C2	C3
8 to 9 years old	Kata	Yellow/Orange	C4	C4
8 to 9 years old	Kumite	Yellow/Orange	C5	C6
8 to 9 years old	Kata	Green – Purple	C7	C7
8 to 9 years old	Kumite	Green – Purple	C8	C9
8 to 9 years old	Kata	Brown	C10	C10
8 to 9 years old	Kumite	Brown	C11	C12
10 to 11 years old	Kata	White/Red	D1	D1
10 to 11 years old	Kumite	White/Red	D2	D3
10 to 11 years old	Kata	Yellow/Orange	D4	D4
10 to 11 years old	Kumite	Yellow/Orange	D5	D6
10 to 11 years old	Kata	Green – Purple	D7	D7
10 to 11 years old	Kumite	Green – Purple	D8	D9
10 to 11 years old	Kata	Brown / Black	D10	D10
10 to 11 years old	Kumite	Brown / Black	D11	D12
12 to 13 years old	Kata	White/Red	E1	E1
12 to 13 years old	Kumite	White/Red	E2	E3
12 to 13 years old	Kata	Yellow/Orange	E4	E4
12 to 13 years old	Kumite	Yellow/Orange	E5	E6
12 to 13 years old	Kata	Green – Purple	E7	E7
12 to 13 years old	Kumite	Green – Purple	E8	E9
12 to 13 years old	Kata	Brown / Black	E10	E10
12 to 13 years old	Kumite	Brown / Black	E11	E12

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14 to 15 years old	Kata	White/Red	F1	F1
14 to 15 years old	Kumite	White/Red	F2	F3
14 to 15 years old	Kata	Yellow/Orange	F4	F4
14 to 15 years old	Kumite	Yellow/Orange	F5	F6
14 to 15 years old	Kata	Green – Purple	F7	F7
14 to 15 years old	Kumite	Green – Purple	F8	F9
14 to 15 years old	Kata	Brown	F10	F10
14 to 15 years old	Kumite	Brown	F11	F12
14 to 15 years old	Kata	Black	F13	F13
14 to 15 years old	Kumite	Black	F14	F15
16 to 17 years old	Kata	White/Red	G1	G1
16 to 17 years old	Kumite	White/Red	G2	G3
16 to 17 years old	Kata	Yellow/Orange	G4	G4
16 to 17 years old	Kumite	Yellow/Orange	G5	G6
16 to 17 years old	Kata	Green – Purple	G7	G7
16 to 17 years old	Kumite	Green – Purple	G8	G9
16 to 17 years old	Kata	Brown	G10	G10
16 to 17 years old	Kumite	Brown	G11	G12
16 to 17 years old	Kata	Black	G13	G13
16 to 17 years old	Kumite	Black	G14	G15
18 – 21 years old	Kata	White/Red	H1	H1
18 – 21 years old	Kumite	White/Red	H2	H3
18 – 21 years old	Kata	Yellow/Orange	H4	H4
18 – 21 years old	Kumite	Yellow/Orange	H5	H6
18 – 21 years old	Kata	Green – Purple	H7	H7
18 – 21 years old	Kumite	Green – Purple	H8	H9
18 – 21 years old	Kata	Brown	H10	H10
18 – 21 years old	Kumite	Brown	H11	H12
18 – 21 years old	Kata	Black	H13	H13
18 – 21 years old	Kumite	Black	H14	H15
All ages	Kata	All Belts (Male)	AWAD M	AWAD M
All ages	Kata	All Belts (Female)	AWAD F	AWAD F
4 - 13 years old	Team Kata	White – Orange Beginner	TK1	TK1
4 - 13 years old	Team Kata	Orange – Purple Intermediate	TK2	TK2
4 - 13 years old	Team Kata	Brown – Black Advanced	TK3	TK3
14+	Team Kata	White – Orange Beginner	TK4	TK4
14+	Team Kata	Orange – Purple Intermediate	TK5	TK5
14+	Team Kata	Brown – Black Advanced	TK6	TK6

Tentative Schedule

(* categories might be merged based on participants, schedule is tentative and could change slightly)

Ring 1				Ring 2			
4-5 Year Old	White/Red	A1 / A2	Kata/Kumite	6-7 Year Old	White/Red	B1	Kata
4-5 Year Old	Yellow/Orange	A3 /A4	Kata/Kumite	6-7 Year Old	White/Red	B2/B3	Kumite
8-9 Year Old	White/Red	C1	Kata	6-7 Year Old	Yellow/Orange	B4	Kata
8-9 Year Old	White/Red	C2 /C3	Kumite	6-7 Year Old	Yellow/Orange	B5/B6	Kumite
8-9 Year Old	Yellow/Orange	C4	Kata	6-7 Year Old	Green - Purple	B7	Kata
8-9 Year Old	Yellow/Orange	C5 /C6	Kumite	6-7 Year Old	Green - Purple	B8/B9	Kumite
8-9 Year Old	Green - Purple	C7	Kata	10-11 Year Old	White/Red	D1	Kata
8-9 Year Old	Green - Purple	C8/C9	Kumite	10-11 Year Old	White/Red	D2/D3	Kumite
8-9 Year Old	Brown	C10	Kata	10-11 Year Old	Yellow/Orange	D4	Kata
8-9 Year Old	Brown	C11/C12	Kumite	10-11 Year Old	Yellow/Orange	D5/D6	Kumite
12-13 Year Old	White/Red	E1	Kata	10-11 Year Old	Green - Purple	D7	Kata
12-13 Year Old	White/Red	E2/E3	Kumite	10-11 Year Old	Green - Purple	D8/D9	Kumite
12-13 Year Old	Yellow/Orange	E4	Kata	10-11 Year Old	Brown /Black	D10	Kata
12-13 Year Old	Yellow/Orange	E5/E6	Kumite	10-11 Year Old	Brown /Black	D11/D12	Kumite
12-13 Year Old	Green - Purple	E7	Kata	12-13 Year Old	Brown /Black	E10	Kata
12-13 Year Old	Green - Purple	E8/E9	Kumite	12-13 Year Old	Brown /Black	E11/E12	Kumite
Team Kata 4-13	Beginner White-Orange		TK1	Team Kata 4-13	Intermediate Orange - Purple		TK2
Team Kata 4-13	Advanced Brown - Black		TK3				
Para Kata	Male All Belts	AWAD M		Para Kata	Female All Belts	Awad F	
14-15 Year Old	White/Red	F1	Kata	16-17 Year Old	White/Red	G1	Kata
14-15 Year Old	White/Red	F2/F3	Kumite	16-17 Year Old	White/Red	G2/G3	Kumite
14-15 Year Old	Yellow/Orange	F4	Kata	16-17 Year Old	Yellow/Orange	G4	Kata
14-15 Year Old	Yellow/Orange	F5/F6	Kumite	16-17 Year Old	Yellow/Orange	G5/G6	Kumite
14-15 Year Old	Green - Purple	F7	Kata	16-17 Year Old	Green - Purple	G7	Kata
14-15 Year Old	Green - Purple	F8/F9	Kumite	16-17 Year Old	Green - Purple	G8/G9	Kumite
14-15 Year Old	Brown	F10	Kata	16-17 Year Old	Brown	G10	Kata
14-15 Year Old	Brown	F11/F12	Kumite	16-17 Year Old	Brown	G11/G12	Kumite
14-15 Year Old	Black	F13	Kata	16-17 Year Old	Black	G13	Kata
14-15 Year Old	Black	F14/F15	Kumite	16-17 Year Old	Black	G14/G15	Kumite
18-21 Year Old	White/Red	H1	Kata	18-21 Year Old	Green - Purple	H7	Kata
18-21 Year Old	White/Red	H2/H3	Kumite	18-21 Year Old	Green - Purple	H8/H9	Kumite
18-21 Year Old	Yellow/Orange	H4	Kata	18-21 Year Old	Brown	H10	Kata
18-21 Year Old	Yellow/Orange	H5/H6	Kumite	18-21 Year Old	Brown	H11/H12	Kumite
Team Kata 14+	Beginner White-Orange		TK4	18-21 Year Old	Black	H13	Kata
Team Kata 14+	Intermediate Orange - Purple		TK5	18-21 Year Old	Black	H14/H15	Kumite
				Team Kata 14+	Advanced Brown - Black		TK6