



Karate Alberta

NEWSLETTER

February 2024

Hello KA athletes, coaches and families! These next few months are going to be eventful as we focus on training camps, tournaments and preparation for Nationals. Please continue to refer to these monthly newsletters for your source of information and keep up to date on upcoming events by visiting the KA website or following us on social media.

Please make note of and keep an eye on the KA website for the calendar of events:

<https://karateab.org/events/>

UPCOMING KA EVENTS:

- **February 10:**
Team Prospect Training #2
MANDATORY EVENT FOR TEAM PROSPECTS
Location: Henry Wise Wood High School
910 – 75 Ave SW, Calgary
[Info and Links to Register Here](#)
- **February 11:**
KA Annual General Meeting (online)
Check the KA Website for more info
- **March 10:**
South Calgary Tournament
More info to come
- **March 16:**
Team Prospect Training #3
MANDATORY EVENT FOR TEAM PROSPECTS
Location: Henry Wise Wood High School
910 – 75 Ave SW, Calgary
[Info and Links to Register Here](#)
- **April 20 & 21:**
KA NCCP Competition Intro Course
Location: Alberta Sports Hall of Fame, Red Deer
[Info and Links to Register Here](#)
- **April 27 & 28:**
KA Officials Course & Provincial Team Selection Tournament
MANDATORY EVENTS FOR TEAM PROSPECTS
Location: West Island College Calgary
More info to come

At the KA provincial tournaments, coaches who would like to coach in a chair will need to have Competition Intro Trained status. Coaches will be provided a one-time exemption if they do not meet this status.

NCCP FAQ:

Q. Can I take CI if I have not completed Karate Instructor Beginner (IB)?

A. Yes, however, you will only receive the “in training” status until you complete the IB course

Q. I have been a dojo instructor for 20 years do I really need to do IB?

A. No, you can “challenge” the certification process, contact KA for more information

Q. How can I register for CI?

A. The Locker (coach.ca)

The next MANDATORY training event for Provincial Team Prospects will be held on February 10. Please make sure to register ahead of time and arrive ON TIME.

Athletes that registered and paid for the team training in January that was cancelled due to poor weather and road conditions do not need to register for the February training as your payment will be applied to this training instead.

KATA ATHLETES WILL BE REQUIRED TO ARRIVE AT 9:15AM TO HELP WITH MAT SETUP.

KUMITE ATHLETES PLEASE ARRIVE BY 12:15 PM FOR WEIGH-INS

Kumite athletes will be required to do take down after the training.

3 parent volunteers (2 female and 1 male) are needed to help with weigh-ins. Please email karatealbertateam@gmail.com if you can help.

The Annual General Meeting (AGM) will be held on Feb. 11, 2023 at 7:30 pm. Visit the KA Website for more information.

[Join Meeting Here](#)

Meeting ID: 873 8227 3057

Passcode: 475183

Minutes from the upcoming AGM and previous AGMs can be found at <https://karateab.org/membership-info/documents/karate-alberta/annual-general-meeting/>

Message from BOD & ED:

Winter definitely arrived last month across the province, a frosty reminder of where we live. Karate Alberta has a busy February, provincial team prospect training and the AGM. Huge thank you to Dave Maffitt who will be stepping down this year as Membership Officer for KA, Dave has served on the KA BOD for a number of years and has contributed and made a positive impact in policy development, financial and insurance oversight, the discipline committee, SafeSport implementation and much more.

At the upcoming AGM the Membership will be electing a Membership Officer, and one Director this year on February 11, 2024. Nominations can be forwarded to the KA Secretary, Gary Burniston gary.burniston@gmail.com prior to February 9, 2024. The first BOD meeting following the election will take place following the AGM. Thanks to the KA membership for your continued support.

Sensei Heather Fidyk,
President, KA

KARATE ALBERTA APPAREL

The KA Apparel Online Store is finally ready! (See pictures of items at the end of the Newsletter).

<https://kitpatron.ca/collections/karate-alberta>

(Items will be available for ordering during the promo period leading up to February 11). **All KA members are encouraged to order items to support KA.**

Sample items will be available at the February 10 team prospect training session (for sizing) and all orders placed by February 11 will be shipped to a designated central address in order to qualify for free shipping. Items will be received at the designated address and distributed at the March 16 training session.

Items will be available to purchase online – and will include a variety of high quality articles such as hoodies, t-shirts, long sleeved shirts etc.

Polo or long-sleeved shirts and hoodies are NOT part of the mandatory team apparel* for provincial team athletes, but a great way for families, friends and general KA members to support Karate Alberta and the provincial team athletes.

If you will not be able to attend the February training session to see and try on the sample items, please make sure to consult the sizing chart before ordering as these articles typically fit smaller than normal sizes.

Items ordered outside of the promo period (Jan to Feb 11) will be subject to shipping fees.

Link to Submit Your Volunteer Hours

Submit your completed volunteer hours after each event using the following link, or by scanning the QR code. **Please remember that tatami/tournament setup & teardown do not count towards volunteer hours, so please do not include them in your submissions.**

[Volunteer Hours Submission](#)



IMPORTANT INFORMATION REGARDING ATHELTE ELIGIBILITY & PARTICIPATION AT THE KARATE CANADA NATIONAL CHAMPIONSHIPS 2024

Karate Canada has announced that only Canadian Citizens will be permitted to compete at the 2024 National Championships in Laval, QC. Athletes must have a valid Canadian Passport in order to compete at Nationals and to represent Canada at PKF and WKF World Championships events.

Note that anyone may compete at any open event in Canada or any WKF event that is targeted for them (Youth League, Series A, Premier League).

This decision does NOT preclude athletes from trying out for a spot on the Karate Alberta Provincial Team, however, only those athletes selected to the Provincial Team with Canadian Citizenship status will be selected as part of the Provincial Team Roster for the Karate Canada National Championships.

The first draft of the Karate Canada National Championships has now been released and is available for viewing. Please visit the Karate Canada website to access the bulletin. **PLEASE NOTE THAT THIS BULLETIN TYPICALLY GETS UPDATED SEVERAL TIMES PRIOR TO NATIONALS, SO PLEASE ONLY USE IT TO FAMILIARIZE YOURSELVES WITH THE TENTATIVE SCHEDULES/INFORMATION.**

There will be an information/Q&A session for parents and athletes at the end of each of the next two team trainings in February and March to update parents and athletes about information regarding Nationals. Please plan on attending.

Developmental Coaches – Karate Alberta encourages club coaches to work with our Provincial Team. Coaches need to apply, complete a disclosure form and be approved by the coaching committee. The coach pathway can be found on the KA website - Coach Pathway [Coaches Pathway - Karate Alberta \(karateab.org\)](https://karateab.org/coaches-pathway/)

Event Coach application deadline is March 15, 2024

STAY UP TO DATE! SUBSCRIBE TO KA AND FOLLOW US ON OUR SOCIAL MEDIA PLATFORMS



Dojo and Member Registration

Please visit the KA website for more information on how to register your dojo and members:

<https://karateab.org/membership-info/how-to-join/>

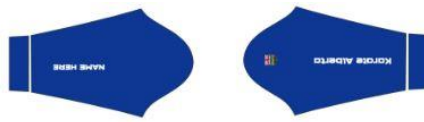


Karate Alberta

Team Wear Items:



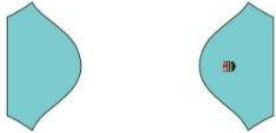
Lacarno Tee
[M321]



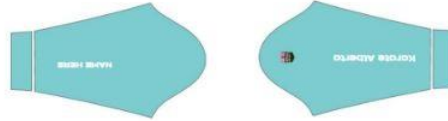
Vancouver Long Tee
[M322]



Brevet Windbreaker/ Copenhagen Inter Jacket
[M323] (M324)



Lacarno Tee
[M321]



Vancouver Long Tee
[M322]



Brooklyn Polo
[M325]



Performance Pullover Hoodie
[M310]



Performance Pullover Hoodie
[M310]

