



Karate Alberta

NEWSLETTER

September 2023

Hello KA athletes, coaches and families! The 2023-2024 season is upon us and this newsletter will provide a lot of important information for athletes, families and dojos for the upcoming months. Please make sure you review the information as there will be some process changes for this coming year. As we start the new season this fall, please continue to watch for these monthly newsletters for your source of information and keep up to date on upcoming events by visiting the KA website or following us on social media.

Please make note of and keep an eye on the KA website for the calendar of events:

<https://karateab.org/events/>

UPCOMING KA EVENTS:

- **September 23:**
CSKA 7th Annual Northern Open Tournament
9:00 AM to 4:00 PM
Location: TransAlta Tri-Leisure Centre, 221 Jennifer Heil Way, Spruce Grove AB T7X 4J5
[More Info & Register Here](#)
- **September 23-24:**
NCCP Beginner Instructor Course
9:00 AM to 3:00 PM (both days)
[More Info & Register Here](#)
- **October 1:**
Development Clinic #1
9:00 AM to 4:00 PM
Location: Desa Dojo
3 Rowland Crescent, St. Albert AB
[Register Here](#)
[More Info Here](#)
- **October 14:**
Development Clinic #2
8:30 AM (setup) to 4:30 PM (tear down)
Location: West Island College
7410 Blackfoot Trail SE, Calgary AB
[Register Here](#)
[More Info Here](#)
- **November 18:**
KA Tournament #1
Location: Garth Worthington School
351 Chappelle Dr SW, Edmonton, AB
More Info to Come
- **November 25 & 26:**
Kumite Clinic with World Champion and #1 WKF Ranked Anzhelika Terliuga
Location: West Island College
7410 Blackfoot Trail SE, Calgary AB
More Info to Come

Registration is now open for the 7th Annual CSKA Northern Open Karate Tournament in Spruce Grove.

Please click on the following link to access the tournament package and website for more information.

The link to the tournament can also be found under the KA website calendar of events.

<https://www.trackie.com/event/cska-2023-northern-open-karate-tournament/1000210/>

The 5 Karate Alberta athletes that competed as part of the Karate Canada National Team at the Youth, Cadet, Junior and U21 Pan-American Karate Championships in Santiago, Chile from August 21 to 27 each had terrific showings in their respective divisions bringing home a gold medal, a silver medal, a bronze medal, and a 7th place finish.

Omar Almishri carried the momentum from his silver medal finish at Nationals in July to the PanAm Championships and had 4 stellar fights in his division, ultimately bringing home the gold medal in his division.

Brother and sister duo Helitha and Muthuli Rathnayake each also had amazing performances and brought home a silver and bronze medal in their respective divisions.

Donya Movaffagh had some hard fought battles and matched her previous year's Panams result, finishing in 7th place in her division that was made up of 19 other competitors.

Yuki McNeil finished 5th in his pool, just missing out on advancing to the next round in the U21 Individual Male Kata division.

Congratulations to all of you! You represented yourselves, your dojos and Karate Alberta incredibly well and we are all very proud of you! (See pictures below).

Additionally, the following KA Athletes will be competing in the Karate1 Youth League Tournament in Merida, Mexico between September 21 and 24:

Sophie Lawrance, Maisie Rathwell, Richie Moore, Johnny Moore and Vincent Thottungal. They will be accompanied and supported by KA Kumite Coach Sensei Yehven Motovylin.

Best of luck to the competitors heading to Mexico. We are all cheering for you!

Registration for the Karate Alberta Provincial Team is now open.

All prospective athletes that are interested in being part of the Provincial Team MUST register as a team prospect on Martial Member:

<https://martialmember.com/ExternalMember/Index/36>

Please ensure you include an email address and phone number when registering!

Dojo Senseis are encouraged to register any athlete aged 11.5 years old or older that they feel may be ready (either now or by the end of April 2024) as a team prospect. Late applications will only be considered at the discretion of the Provincial Coaches. **The deadline to register as a team prospect for this season is October 14!**

Team prospects will have to complete and submit their Athlete Agreements by the October 14 deadline. Also, new this year, we will be collecting cheques in the amount of \$350 as a bond against the 10 hours of volunteer time requirement. Any athlete (or family member) that fulfills the volunteer hours will have their cheques returned to them. Any athletes that do not fulfill the hours will have their cheques cashed. Cheques will be collected at each of the two development clinics on October 1 and October 14.

***** TO BE CLEAR, the 10 hours of volunteer time is a MINIMUM requirement in order to receive the base funding for Nationals in 2024. The number of hours volunteered does not equate to the amount of funding that will be received.** KA is creating additional fundraising opportunities to supplement or provide additional funding for Nationals to the athletes that participate in the fundraising events. Some of these fundraising events will be mandatory and others will be optional.

Please keep in mind that late submission of documents or fees shall constitute a strike, and any athletes that receive 3 strikes will not be eligible to be part of the provincial team this year.

Team prospects MUST attend 1 of 2 Development Clinics (October 1 and 14), 2 of 3 Team Prospect Training Camps (January 14, February 10 and March 16), the Official's Course for athletes (April) and both KA Tournaments (November and April) – but are highly encouraged to attend ALL clinics and camps.

Once the team is selected, ONLY those athletes selected to the provincial team will be invited to the Provincial Team Training Clinics and must attend BOTH clinics (June).

Donations to Karate Alberta

Do you know a company, foundation, or an individual who would like to make a donation and receive an official donation receipt for tax purposes?

Here is how it works:

Karate Alberta is the Provincial Sport Organization (PSO) and can, therefore, participate in the SPAR Donation Fund Program through the Government of Alberta:

[Sport, physical activity and recreation donation form | Alberta.ca](https://www.alberta.ca/sport-physical-activity-and-recreation-donation-form)

When donations are made, the donors can indicate where they would like to see the funds spent (example: athlete, coach, official's development, event support, etc.). Funds are received twice per year by the PSO and then the Board of Directors will direct the funds where they see fit. The donor makes the donation without conditions on how the funds are spent; however, in the past, the BOD has made all efforts to direct the funds as per the suggestions of the donor.

*If you would like to provide more information on suggestions of use of funds email KA Executive Director or President with your suggestions.

**"Donations from an individual are made without any express or implicit conditions and without any rights, privileges or personal benefit accruing to the donor or those related to the donor as a result of this donation".*

Message from BOD & ED:

Welcome to the 2023-2024 Season!

Karate Alberta is coming off an historic year in 2023 for a number of reasons, not least of which is having successfully competed in the Canada Games for the first time in the story of our sport. This was a historic first for Karate in Canada and as Team Alberta we really put our stamp on the event finishing second overall in the provincial medal rankings behind British Columbia. What followed later in the season were the Virtus Global Games (para), the National Championships, and the Junior Pan American Championships along with a number of local training and competitive opportunities throughout the province.

At Karate Alberta we have no doubt that this upcoming season will be equally as exciting - kicking it off will be the upcoming Karate 1 Youth League event in Merida, Mexico in just a few days' time.

As always Karate in Alberta relies on great athletes, knowledgeable coaches, experienced officials, strong dojos and supportive parents and volunteers to create this excellent community in our province - we thank you all for being a part of it.

A special thank you goes out to the provincial technical team - all our coaches, officials and support staff who did a great job this season instructing and supporting our athletes along the way as well as the Karate Alberta Board of Directors for all they do to make programs offered in Alberta the best they can be.

See you on the mat,

Jasen Pratt,
Executive Director
Karate Alberta

Karate Alberta Fundraising Committee

Karate Alberta is looking for 4 to 6 parents (2 or 3 from Edmonton & area; 2 or 3 from Calgary & area) to form a Fundraising Committee to spearhead the KA fundraising events this year.

This is a perfect opportunity to get involved in KA, help drive the fundraising events and lower athlete fees for Nationals this year.

If interested in being part of the committee, or for more information of what is involved, please email karatealbertateam@gmail.com

REMINDER TO CLUB/DOJO SENSEIS

Please ensure that your club registration is completed in Martial Member PRIOR to your athletes attending the Development Clinics in October.

Mandatory KA Fundraising Raffle

This year, Karate Alberta will be instating mandatory fundraising ventures for athletes registering as a team prospect, coaches and officials. In addition to 50/50 draws to be held at tournaments, each KA Team prospect, coach or official will be required to sell raffle tickets (10 tickets for \$10 each) with funds being generated to help offset costs associated with Nationals or mandatory team apparel.

A total of 800 tickets to be sold with athletes/officials having the option to sell additional tickets for additional individual funding allocation (\$30 for every additional \$100 worth of tickets sold).

More details to follow in the coming weeks/months.



**STAY UP TO DATE! SUBSCRIBE TO KA
AND FOLLOW US ON OUR SOCIAL
MEDIA PLATFORMS**



Dojo and Member Registration
Please visit the KA website for more information on how to register your dojo and members:
<https://karateab.org/membership-info/how-to-join/>



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