



Karate Alberta

Approved: May, 2022

1. Policy Statement

Karate Alberta is unequivocally opposed, on ethical, medical and legal grounds, to the practice of doping in sport and fully supports the position of Sport Canada, Karate Canada, the World Anti-Doping Agency, the Canadian Olympic Association, the Canadian Centre for Ethics in Sport and the International Olympic Committee (IOC) against the use of banned and / or restricted substances, practices and methods.

Karate Canada has adopted the Canadian Anti-Doping Program (CADP) and as it may be amended from time to time, Karate Alberta will remain in compliance as a member of Karate Canada.

The CADP is administered in Canada by the Canadian Centre for Ethics in Sport (CCES). Karate Alberta accepts the designated authority and policies of the CCES on all anti-doping matters.

2. Definition

Karate Alberta defines doping as *"the use by, or distribution to, an athlete of substances or methods which could have the effect of artificially improving the athlete's physical and/or mental condition and so augmenting their athletic performance"*. Karate Alberta opposes blood doping as well as doping substances within the following groups:

- a. stimulants
- b. narcotic analgesics
- c. anabolic steroids
- d. beta-blockers
- e. diuretics
- f. peptide hormones and analogues

3. Position Statement

The use, possession, and/or trafficking of banned substances, methods or recreational drugs*; or the encouragement of counseling to use banned substances, methods or recreational drugs; and/or taking measures to mask the use of banned substances, methods or recreational drugs by any member of Karate Alberta are unacceptable, constitutes doping violations, and will not be tolerated.

**recreational drugs shall include all drugs deemed illegal which are not already included under the banned or restricted lists of the International Olympic Committee.*