



Karate Alberta

To: Karate Alberta Dojos
Karate Alberta Head Instructors
Karate Alberta Athlete Members

Re: **Government COVID Measures Update from 09 June 2021**

Dear Members,

Tomorrow, 10 June, Alberta is moving into Step 2 of their **Open for Summer** relaunch. What does that mean for sport and for everyone's dojo as of the 10th:

1. There is no longer any distinction between "youth" and "adult" sport
2. There are no restrictions on sporting activities including competitions
3. There is a clear distinction between restrictions on sporting activities indoors and other indoor activities in the same building (ie the restrictions on a karateka practicing on the tatami are different then the restrictions on a spectator (mom or dad) watching from the viewing area who not "on the field of play").
4. Participation numbers (group sizes) are limited to 1/3 of building fire-code capacity

The following are recommendations that are still in place for all sporting activities:

1. When you are able to be distanced from each other (2m) you should be
2. When you can be masked you should be
3. Enhanced hygiene, cleaning and sanitization measures in the dojo should still continue
4. All programs need to continue with screening and the collection of contact information for contact tracing if necessary
5. Programs for participants who are not yet of age for vaccine eligibility (11&U) should be run with additional preventative measures such as:
 1. Additional limits on group sizes
 2. Limiting activities that involve frequent or recurring close contact (ie sparring)
 3. Consider what activities can be done in an outdoor setting

Please understand there are as of yet no new Alberta Government Sector Guidance Documents that we normally see when Alberta changes restrictions. In the event we become aware of them we will be sure to post as soon as possible.

[Path Forward Documents](#)

As per previous communications If you have any questions regarding these above listed requirements or have a specific scenario as to how you feel you could still run a version of your program please feel free to reach out to Karate Alberta through the executive director at anytime and we will be happy to work with you on providing you the answers to your questions.

Jasen Pratt, Executive Director